

## STATHIS EFSTATHIOU



### **ALIGNERS DO WORK- THE IMPORTANCE OF THE SPECIALIST**

There is no doubt that we are leaving at the age of overpopulation and high competition of our specialty. More over artificial intelligence and digitization plays a significant part in our everyday clinical practice.

This drove to the misleading concept that **new technology can define treatment diagnosis** and that we can have **device driven orthodontics**.

**Aligners** been a part of most of the orthodontic offices, **can produce more than acceptable results**, given that there is a **deep knowledge** of growth, biomechanical principles and the envelope of movements.

In this presentation clinically treated cases with Invisalign (part of them will be hybrid ones) will be presented, **where the 2 main keys**, correct diagnosis and proper device usage were combined.

I disclosed any financial difference with Align Technology, though **it represents the 3<sup>rd</sup> key** of successful treating, due to proper support and communication, needed through every step of the treatment.

### **CV**

Born in Lefkosia on 1971, he attended Elementary, junior and senior Schools and graduated at 1988.

On 1990, he was accepted at the Dental school of Aristotle Univeristy of Thessaloniki, where he attained his dental degree D.D.S. at the year 1996

Between 1996-1998, he was among those who created and 1st attended at the post graduate program of Pediatric Dentistry and simultaneously was a collaborator of the Therapeutic and preventive Postgraduate Department of Aristotelion University)

He was specialized in Orthodontics from 1998 -2002 at the Tel Aviv University T.A.U. (Diploma in ortho) , trained in all contemporary techniques ( fixed and removable- functional appliances/ lingual orthodontics/ aligners) and did his Clinical master ( Master in Ortho) at the RPE- differences between 2-4 bands.

He has numerous publications at European and American journals and an active member of American association of Orthodontics (AAO), World federation of Orthodontics (WFO)

He has been permanently in the board committee of the COS (Cyprus orthodontic society) trying to promote and raise orthodontic specialty of his country and the importance of team work between the orthodontic specialist and the collateral specializations, for the benefit of the patient.

He has recently:

1. been offered the Guest lecturer part, concerning TADS by the new head of the T.A.U. orthodontic department, Dr. Davitovitch. TADS are one of his main interests and applications to hybrid treatments.
2. created the prototype center of orthodontic and maxillofacial surgery PROTOMED, with tasks as the minimal invasive surgery, alternative surgical techniques ( SARPE), TMJ innovations